

One
Fell
Swoop

IST 24

marchesepartners | Life^{3A}

**LONDON
BATH
BRISTOL**

01—10
SEPTEMBER
2024

**SIENA
FLORENCE**

[ONEFELLSWOOP.COM.AU/IST24](https://onefellswoop.com.au/ist24)

IT'S ON!

Experience the latest innovations in retirement living, assisted living and care, with One Fell Swoop and co-host Marchese Partner's International Study Tour 2024 to the UK and Italy.

This year, we'll visit London, Bath, Bristol, Florence, and Siena, to tour best-in-class retirement and care communities. We'll also hear from some of the UK and Italy's leaders in the field. This includes presentations from professors, architects, valuers, developers, community managers and sales managers on topics such as design, customer experience, marketing, finance, care and much more.

We'll tour luxury resort communities, boutique independent living projects and vertical communities, while staying in high-end hotels and dining at celebrated restaurants.

Following many successful tours, IST2024 promises to deliver cutting-edge knowledge, first-hand experiences and valuable connections with the industry's most progressive leaders and thinkers. It's time to get on board IST2024.

Top reasons to tour with us

- 1. Masterclasses** Take a deep dive into several communities and learn from the architect, the owner, sales lead and more.
- 2. Tour 13 communities** Unique, mixed use, redevelopment and greenfield sites.
- 3. Gain valuable insights** Discover the intrinsic importance of health and wellbeing across every new development.
- 4. Sales and contract insights** Learn how to achieve even stronger sales results and challenge your thinking on Australian financial models.
- 5. First-hand experience** See first-hand how some of the UK's most luxurious communities operate.
- 6. Lasting networking opportunities** Connect with your Australian peers and European counterparts to build meaningful, long-lasting relationships.

UK + ITALY

D.01

Sunday 1 September
London

Discover London

Welcome! Our 10-day tour begins in London Town, with its stunning architecture, art and history museums, iconic markets and stores, five-star dining and buzzing culture. Take the time to rest up in your sumptuous room at Art'otel London Battersea Power Station or begin acquainting yourself with some of the city's exciting attractions on our optional tour.

Optional activity 10am - 4pm
Tour, lunch and exhibition (\$250)

Morning tour

Buckingham Palace, Royal Day out

Explore Buckingham Palace's magnificent State Rooms, The Queen's Gallery and the Royal Mews, which provide the setting for ceremonial occasions and official entertaining by His Majesty The King.

[Visit website](#)

Lunch

Skylon

Situated on the third floor of the Royal Festival Hall in the Southbank Centre, with stunning views. Skylon takes its name from the original iconic structure built for the 1951 Festival of Britain. The restaurant's design echoes the style of the Royal Festival Hall during the same period.

[Visit website](#)

Afternoon exhibition

Tate Modern

See some of the world's most exciting, innovative modern and contemporary art. On display are paintings, sculptures and large-scale installations from artists around the world including Pablo Picasso, Yayoi Kusama and Henri Matisse.

[Visit website](#)

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Welcome cocktail party 6pm - 9pm

JOIA Rooftop Bar

Perched on the 16th floor, JOIA offers great drinks and relaxed Iberian bites. Get to know fellow delegates as you relax in the gardens, while you take in the 360-degree views of London and watch the sun set.

[Visit website](#)

Overnight

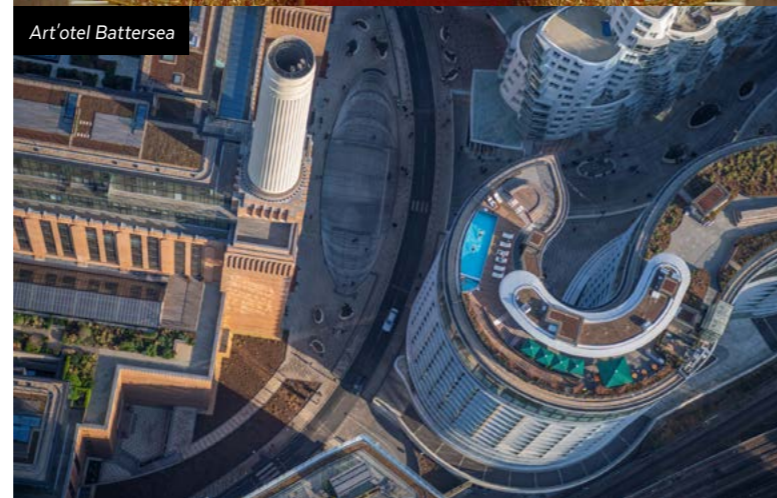
Art'otel London Battersea Power Station

For the culture lovers, avid shoppers and culinary enthusiasts, stay in: the heart of London's vibrant Battersea neighbourhood and the home of award-winning Art'otel London Battersea Power Station.

[Visit website](#)



Buckingham Palace



Art'otel Battersea

D.02

Monday 2 September
London

Morning masterclass, tour and lunch
Riverstone Fulham

In this morning's masterclass meet the architect, owner and sales lead at Riverstone to learn how they offer people choices for their future that are unlike anything else in London. Discover the why and the how of Riverstone. They are creating exceptionally high-quality places where every aspect has been designed to help their residents live the life they want to live.

[Visit website](#)

Afternoon tour

Morden College

Founded in 1695 by the pioneering merchant, Sir John Morden, the Morden College Charity is at the forefront of enriching older people's lives. The Charity's core purpose is to provide older people who are in need, with a home for life, support them as they grow older, via their Health and Wellbeing team, Domiciliary Care team and residential nursing care.

[Visit website](#)



Morden College

Evening free time or optional activities

Optional activity 1

Dinner at Dishoom Battersea (\$200)

A London favourite, Dishoom is cosy and authentic and pays homage to the Irani cafés of the past and the food of Bombay.

[Visit website](#)

Optional activity 2

Light dinner and iconic show (\$350)

Experience London's vibrant theatre scene with a light dinner and show. Think Phantom of the Opera, Portrait of Dorian Gray, or something equally mesmerising. Be assured of great seats for the best show in town.



Dishoom Battersea

06



Auriens Chelsea

D.03

Tuesday 3 September
London

Morning masterclass, tour and lunch *Audley Nightingale Place*

Take a deep dive into why and how Audley Group has been leading the way in the retirement living space since 1991, in this morning's masterclass. Hear from founder and CEO Nick Sanderson Audley and other key personnel on how they are helping people to 'Live Better, Longer. Audley has been helping customers live in their own property, with membership to a health and wellness club, with support and care on hand. Audley Group is the market leader with an established business model and unrivalled insight into retirement living.

[Visit website](#)

Afternoon tour

Auriens Chelsea

Founded eight years ago, Auriens Group is one of the UK's most respected providers of domiciliary nursing and care. They are redefining later living and enabling residents to make the most of their lives. Their mission is to enrich the lives of their residents through exquisitely designed properties, unparalleled services and an exceptional health and wellness offering.

[Visit website](#)

Presentation and dinner at Ixchel

Michael Vogues, Chief Executive of The Associate Retirement Community Operators (ARCO)

ARCO is the representative body of the Integrated Retirement Community sector in the UK. Michael is a leading national expert on older people's housing and social care, keynote speaker and media commentator. He oversees ARCO's work to champion the housing-with-care sector ensuring that it sets rigorous standards, runs high-quality events and influences and shapes government policy.

[Visit ARCO website](#)

[Visit Ixchel website](#)



Audley Nightingale Place

07

D.04

Wednesday 4 September
London

Morning masterclass, tour and lunch *Loveday Kensington*

Learn how Loveday provides tailored, compassionate care with world-class hospitality to create an unrivalled culture of uncompromising excellence as you hear from the architect, owner and sales lead in today's masterclass. Loveday is devoted to enhancing the lives of their members and families as they progress through later life.

[Visit website](#)

Afternoon tour

Fitzjohn's by Lifestory

Lifestory offers an exceptional collection of quality homes and services. Homes are tailor-made to enhance every stage of life. Apartments are exclusively for over 55s, each an original, distinctively dimensioned, uniquely laid out, but informed by the same vision, the same design philosophy, the same influences.

[Visit website](#)



Loveday Kensington

Late afternoon tour

The Oren by Elysian Residences

Opening in mid 2024, The Oren offers luxury living, along with exceptional service, across 44 luxury two and three-bedroom apartments, and four penthouses, all with private outdoor spaces. The team provides expert care discreetly in the resident's home. They can also arrange for medical practitioners to visit.

[Visit website](#)

Group dinner

Lucky Cat by Gordon Ramsay

Located in Mayfair, Lucky Cat is inspired by Tokyo's 1930s kissas and Shanghai's drinking dens. Lucky Cat features Asian small plates, Robata grilled dishes, sushi and sashimi crafted in the open kitchen and signature raw carve bar.

[Visit website](#)



Lucky Cat



Anchor Pemberley Place



The Chocolate Quarter

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D.05

Thursday 5 September
London — Bath

Late morning masterclass and lunch

Professor Malcolm Johnson, University of Bath

Currently Visiting Professor of Gerontology and End of Life Care at the University of Bath, Malcolm Johnson leads today's masterclass, along with experts from Guild Living. Learn about his study into loneliness and how his global research is assisting Guild Living, in delivering world-class later living solutions.

[Visit website](#)

Afternoon tour

Anchor Pemberley Place

Pemberley Place offers 72 modern one and two-bedroom shared ownership and rented apartments at the heart of a beautiful community. It is set in historic countryside overlooking Bath. Secure, energy efficient homes offer all the comfort and amenities residents need, plus flexibility and reassurance for later life.

[Visit website](#)

Late afternoon tour

Wadswick Green

A beautiful contemporary village in the heart of the Wiltshire countryside. Set among 25 acres of landscaped, beautiful grounds Wadswick Green village is designed with residents' enjoyment and wellbeing in mind. Wadswick Green is part of the unique culture of Wiltshire.

[Visit website](#)

Group dinner

Olive Tree

One of Bath's longest established independent restaurants, the Olive Tree was awarded its first Michelin Star in 2018. This distinction is in addition to the restaurant's 3 AA Rosette status.

[Visit website](#)

Overnight

The Royal Crescent Hotel & Spa

Boasting more than 250 years of charm and grandeur, this is one of the few landmark buildings in the world where you can spend the night. Immerse yourself in a truly historic experience.

[Visit website](#)

D.06

Friday 6 September
Bath — Bristol

Morning tour

Westbury Fields by St Monica's Trust

A welcoming retirement community with a cricket pitch at its heart. Residents are within easy reach of the busy high street in Westbury-on-Trym and the illustrious Blaise Castle Estate. Offering the serenity of suburban living and an active social life in this picturesque and friendly village.

[Visit website](#)

Afternoon deep dive, tour and lunch

The Chocolate Quarter by St Monica's Trust

Originally the home of Fry's chocolate, The Chocolate Quarter offers luxury retirement living in refurbished iconic buildings. Beautifully designed apartments, elegant spaces and a wealth of impressive eateries and amenities open to the wider community, residents can feel part of something special.

[Visit website](#)

Late afternoon tour

Stoke Gifford Village by ExtraCare Charitable Trust

Stoke Gifford Retirement Village provides 261 spacious apartments and a host of opportunities to residents in South Gloucestershire and Bristol. Residents are part of a vibrant and welcoming community where care is available if they need it.

[Visit website](#)

Free time or optional dinner

Bravas (\$200)

Inspired by the fresh, unpretentious, inexpensive food in local tapas bars in Spain. Customers feel the welcoming atmosphere of a local pub but the quality of food you would expect in a great restaurant.

[Visit website](#)

Overnight

Hotel Du Vin Bristol Avon Gorge

Situated in the most coveted neighbourhood of Bristol, Hotel Du Vin Bristol Avon Gorge is a one-of-a-kind boutique hotel offering an unrivalled experience. Perched on the edge of the Avon Gorge, the hotel offers breathtaking views of the Clifton Suspension Bridge, one of Bristol's most iconic landmarks.

[Visit website](#)

Olive Tree



Westbury Fields

D.07

Saturday 7 September
Bristol — Florence

Early morning

Fly from Bristol to Florence

Free afternoon to explore

The cradle of the Renaissance and the world capital of 15th century art, Florence boasts one of the oldest historic centres and some of the most famous museums in the world. It also has one of the most iconic and distinctive landscapes as far as the eye can see. Everything in Florence is spectacular!

[Visit website](#)

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Group dinner

Gune San Frediano

A gourmet restaurant with a cocktail bar in the heart of Florence. Dine on the cuisine of Lucania, rich in intriguing and lesser-known flavors, blended with Tuscan cuisine. Gune has proudly earned a place in the Michelin Guide.

[Visit website](#)

Overnight

Hotel Milu

Set within a 14th century building, Milu Hotel is in an unbeatable location in Florence's historical centre. Stylish rooms embody the essence of understated luxury, where old world elegance is fused with modern design. Experience the stunning views of the city and hills from the rooftop terrace or relax in the hotel's library.

[Visit website](#)



Tre Cristi Enoteca

D.08

Sunday 8 September
Florence — Siena

Morning

Travel from Florence to Siena

Afternoon

Free time to explore Siena

A charming, medieval town in the heart of Tuscany. View the Cathedral dedicated to the Assumption, admire statues by Michelangelo and frescoes by Pinturicchio. The hills surrounding Siena contain countless natural and architectural treasures, just waiting to be discovered. There are therapeutic thermal waters too.

[Visit website](#)

Group dinner

Tre Cristi Enoteca

Located in the heart of Siena, close to the seventeenth-century Collegiate of Santa Maria di Provenzano, the restaurant takes its name from an ancient shrine, which houses the image of Christ.

[Visit website](#)

Overnight

Hotel NH Siena

NH Siena is just a short walk into the heart of Siena, with its wealth of historical landmarks, Gothic architecture, and pavement cafés. Spacious rooms are tastefully decorated with many offering fabulous views.

[Visit website](#)



Gune San Frediano + Florence sites



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Guild Living

D.09

Monday 9 September
Siena

Full day masterclass

Guild Living

Comprising an international team of architects, interior designers and wellbeing experts, Guild Living collaborates with Longevity Specialists such as the world famous Gerontologist Professor Andrea Ungar and the nutritionists of the Valter Longo Foundation. Discover their fascinating take firsthand, on how to bring full, rich, active longevity to their residents in this illuminating full day masterclass.

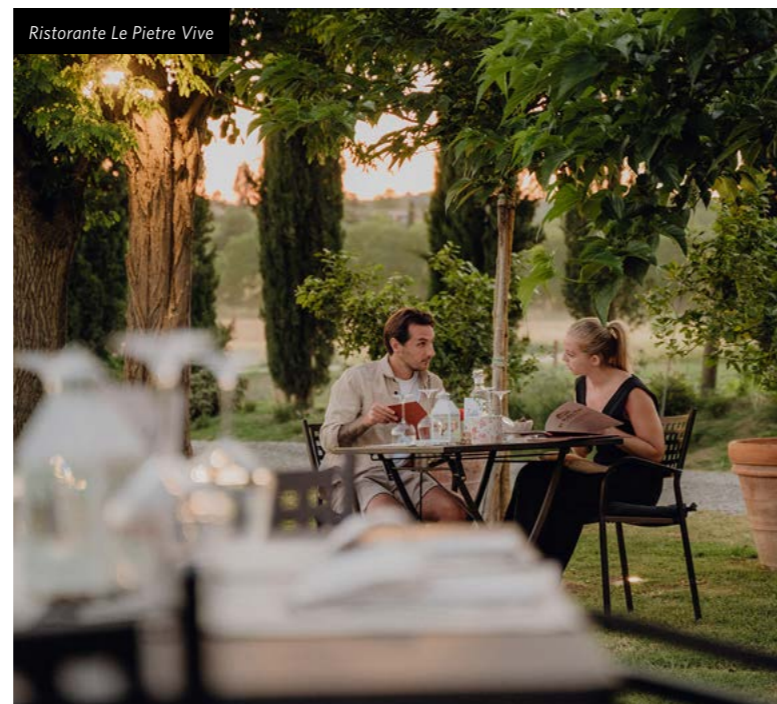
[Visit website](#)

Farewell dinner

Ristorante Le Pietre Vive

In the large and evocative hall created from the old stables of the farm and now furnished with refined simplicity, savour outstanding Tuscan cuisine based on locally sourced produce and ingredients. The menu is based on seasonal availability and local traditions. Each dish is accompanied by exclusive regional wines.

[Visit website](#)



Ristorante Le Pietre Vive

13



D.10

Tuesday 10 September
Siena to Australia

Morning

Depart for trains to airports (Florence or Rome) for connecting flights home.

Optional

Chianti & Wine (tour \$400, accommodation \$350)

A beautiful drive through some of the most stunning countryside in the world, its medieval towns, castles, monasteries and, obviously, vineyards. We'll drive through Chianti, visit the charming towns of Greve and Montefioralle, then visit a winery that has been producing wine for 600 years. Lunch at a winery then a drive through the western part of Chianti to visit a smaller family-run winery.

[Visit website](#)



GET ON BOARD

IST24

How much will IST2024 cost?

Our 10-day Study Tour includes accommodation, internal flights, transfers, most meals and activities. Delegates are asked to pay for their own public transport costs around London. Places are limited, be quick to secure your spot.

\$19,500*

**Does not include international flights to London and from Rome (or wherever you chose to leave from) or optional extras. All prices are in Australian dollars.*

Optional extras

- Extra night accommodation in London on 31.08.2024 \$675
- Day 1. London tour, lunch, and exhibition \$250
- Day 3. Dinner at Dishoom or light dinner and West End show \$200 \$350
- Day 6. Dinner at Bravas \$200
- Day 10. Chianti & wine \$400
- Extra night accommodation in Siena on 10.09.2024 \$350

Payment terms

50% payable by 5 April 2024
50% payable by 15 June 2024
Please note these payments are non-refundable.

Your hosts

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At the time of printing, some items in this itinerary are still to be confirmed and are subject to change.



